

Champion Performance Chiropractic Rehabilitation

12 Brewster Lane | East Setauket, NY 11733

Tel. 631.675.2758 | Fax. 631.675.2760

Patient Information Record

[Please Print]

Today's Date: _____

ABOUT YOU

First Name _____ M.I. _____ Last Name _____

Address _____ City _____ State _____ Zip _____

Date of Birth ____/____/____ Social Security # _____

Marital Status: Single Married Divorced Widowed Sex: Male Female

Home Phone (____) _____ Work Phone (____) _____ Ext. _____

Cell Phone (____) _____ e-mail _____

Occupation _____ Employer _____

Kindly let us know who referred you so we may thank them _____

YOUR PRIMARY CARE PHYSICIAN'S INFORMATION

Doctor's Name _____ Phone (____) _____

Address _____ City _____ State _____ Zip _____

EMERGENCY CONTACT

Whom should we contact in case of an emergency? _____

Relation to you _____ Phone (____) _____

ADDITIONAL REQUESTS

1. What is the best phone number we may reach you during the day: (____) _____
2. May we confirm your appointment by text message: Yes No
3. May we contact you by e-mail: Yes No

Insurance Information/Assignment of Benefits

PRIMARY INSURANCE INFORMATION

[Please Print]

Insurance Company _____ [] PPO [] POS [] HMO Phone # _____

Insurance Company Address _____ Electronic Payer ID _____

City _____ State _____ Zip _____

Policy Holder _____ Date of Birth ____/____/____

Policy ID # _____ Group Plan # _____ Effective Date _____

Relationship to Policy Holder: _____ Social Security # _____

Employer _____ Employer's Phone # _____

Employer's Address _____ City _____ State _____ Zip _____

SECONDARY INSURANCE INFORMATION

Insurance Company _____ [] PPO [] POS [] HMO Phone # _____

Insurance Company Address _____ Electronic Payer ID _____

City _____ State _____ Zip _____

Policy Holder _____ Date of Birth ____/____/____

Policy ID # _____ Group Plan # _____ Effective Date _____

Relationship to Policy Holder: _____ Social Security # _____

Employer _____ Employer's Phone # _____

Employer's Address _____ City _____ State _____ Zip _____

ASSIGNMENT OF INSURANCE BENEFITS

I authorize any holder of medical information about me to release to my insurance carrier or its intermediaries any information needed for this or a related claim. I request that payment of authorized benefits be made on my behalf. I assign the benefits payable for chiropractic services to Champion Performance & Rehabilitation, and authorize Champion Performance & Rehabilitation to submit a claim on my behalf.

I request that payment be made to Champion Performance & Rehabilitation for any balance not covered by this authorization. A copy of this assignment of benefits is as valid as the original.

Patient Signature _____

Date ____/____/____

Medical History Form

Name: _____

Date: _____

Patient information contained within this form is considered strictly confidential. Your responses are important to help us better understand the health issues you face and ensure the delivery of the best possible treatment.

Mark (c) for current problems, check and indicate the age when you had any of the following:

General

- Allergies
- Anemia
- Anxiety
- Depression
- Dizziness
- Fainting
- Fatigue
- Fever
- Headaches
- Loss of sleep
- Mental illness
- Tremors
- Weight loss / gain

Musculoskeletal

- Arthritis
- Arm Problem
- Bursitis
- Leg Problem
- Muscle cramps
- Muscle weakness
- Osteoporosis
- Low back pain
- Neck pain
- Mid back pain
- Gout
- Joint pain
- Other _____

Skin

- Bruise easily
- Dryness
- Rash
- Skin growths
- Mole changes

Endocrine

- Thyroid disease
- Diabetes
- Pituitary disorders
- Adrenal disorders

Eye, Ear, Nose & Throat

- Visual problems
- Eye pain
- Deafness
- Ringing of the ears
- Ear ache
- Nasal obstruction
- Nose bleeds
- Sinus infection
- Sore throat
- Hoarseness
- Tonsillitis
- Difficulty swallowing

Gastrointestinal

- Abdominal pain
- Bloody or tarry stool
- Colitis / Crohn's
- Colon trouble
- Constipation
- Diarrhea
- Difficult digestion
- Diverticulosis
- Bloating abdomen
- Indigestion / Heartburn
- Gallbladder disease
- Hernia
- Hemorrhoids
- Liver disease
- Jaundice
- Pancreatitis
- Nausea
- Poor appetite
- Ulcers
- Vomiting
- Vomiting of blood

Genitourinary

- Bladder infection
- Blood in urine
- Kidney infection
- Kidney stones
- Prostate trouble
- Discharge
- Incontinence
- Urination:*
- Overnight more than twice
- More than 8x in 24 hrs
- Decreased flow / force
- Painful urination
- Urgency to urinate

Neurological

- Epilepsy
- Tics / spasms
- Dizziness / fainting
- Numbness / tingling
- Unusual weakness
- Head trauma
- Stroke
- Multiple sclerosis

Respiratory

- Asthma
- Difficulty breathing
- Chronic cough
- Hay fever
- Wheezing
- Shortness of breath (SOB)
- Spitting up phlegm / blood
- Pneumonia
- Bronchitis
- Emphysema

Cardiovascular

- Chest pain
- SOB with exertion
- High blood pressure
- Low blood pressure
- Arteriosclerosis
- Irregular pulse
- Palpitation
- Rapid heart beat
- Slow heart beat
- Swelling of ankles
- Cardiac pace maker

Women only

- Lumps in breast
- Pain/tenderness in breast
- Menopause
- Hot flashes
- Vaginal discharge
- Menstrual flow
- Regular Irregular
- Pain / cramps
- Days of flow: _____
- Length of cycle: _____
- Date – 1st day last period: _____
- Are you pregnant?
- Yes No
- How many children do you have? _____
- Birth control method: _____
- Date of last PAP test: _____
- Normal Abnormal
- Date of last mammogram: _____
- Normal Abnormal

Please list any medication you are currently taking and why:

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Notice of Privacy Practices

This notice describes how health information about you may be used and disclosed and how you can get access to this information. It is effective April 14, 2003, and applies to all protected health information contained in your health records maintained by us. We have the following duties regarding the maintenance, use and disclosure of your health records:

(1) We are required by law to maintain the privacy of the protected health information in your records and to provide you with this Notice of our legal duties and privacy practices with respect to that information.

(2) We are required to abide by the terms of this Notice currently in effect.

(3) We reserve the right to change the terms of this Notice at any time, making the new provisions effective for all health information and records that we have and continue to maintain. All changes in this Notice will be prominently displayed and available at our office.

There are a number of **situations in which we may use or disclose** to other persons or entities your confidential health information. Certain uses and disclosures will require you to sign an acknowledgement that you received this Notice of Privacy Practices. These include treatment, payment, and health care operations. Any use or disclosure of your protected health information required for anything other than treatment, payment or health care operations requires you to sign an Authorization. Certain disclosures that are required by law, or under emergency circumstances, may be made without your Acknowledgement or Authorization. Under any circumstance, we will use or disclose only the minimum amount of information necessary from your medical records to accomplish the intended purpose of the disclosure.

We will attempt in good faith to obtain your signed Acknowledgement that you received this Notice to use and disclose your confidential medical information for the following purposes. These examples are not meant to be exhaustive, but to describe the types of uses and disclosures that may be made by our office once you have provided Consent.

Treatment: We will use your health information to make decisions about the provision, coordination or management of your healthcare, including analyzing or diagnosing your condition and determining the appropriate treatment for that condition. It may also be necessary to share your health information with another health care provider whom we need to consult with respect to your care. [If there are other such disclosures that you might make, list them here.] These are only examples of uses and disclosures of medical information for treatment purposes that may or may not be necessary in your case.

Payment: We may need to use or disclose information in your health record to obtain reimbursement from you, from your health-insurance carrier, or from another insurer for our services rendered to you. This may include determinations of eligibility or coverage under the appropriate health plan, pre-certification and pre-authorization of services or review of services for the purpose of reimbursement. This information may also be used for billing, claims management and collection purposes, and related healthcare data processing through our system.

Operations: Your health records may be used in our business planning and development operations, including improvements in our methods of operation, and general administrative functions. We may also use the information in our overall compliance planning, healthcare review activities, and arranging for legal and auditing functions.

There are certain circumstances under which we may use or disclose your health information **without first obtaining your Acknowledgement or Authorization**. Those circumstances generally involve public health and oversight activities, law-enforcement activities, judicial and administrative proceedings, and in the event of death. Specifically, we may be required to report to certain agencies information concerning certain communicable diseases, sexually transmitted diseases or

HIV/AIDS status. We may also be required to report instances of suspected or documented abuse, neglect or domestic violence. We are required to report to appropriate agencies and law-enforcement officials information that you or another person is in immediate threat of danger to health or safety as a result of violent activity. We must also provide health information when ordered by a court of law to do so. We may contact you from time to time to provide appointment reminders or information about treatment alternatives or other health-related benefits and services that may be of interest to you. You should be aware that we may utilize an "open adjusting room" in which several people may be adjusted at the same time and in close proximity. We will try to speak quietly to you in a manner reasonably calculated to avoid disclosing your health information to others; however, complete privacy may not be possible in this setting. If you would prefer to be adjusted in a private room, please let us know and we will do our best to accommodate your wishes.

Others Involved in Your Healthcare: Unless you object, we may disclose to a member of your family, a relative, a close friend or any other person you identify, your protected health information that directly relates to that person's involvement in your health care. If you are unable to agree or object to such a disclosure, we may disclose such information as necessary if we determine that it is in your best interest based on our professional judgment. We may use or disclose protected health information to notify or assist in notifying a family member, personal representative or any other person that is responsible for your care of your location, general condition or death. Finally, we may use or disclose your protected health information to an authorized public or private entity to assist in disaster relief efforts and to coordinate uses and disclosures to family or other individuals involved in your healthcare.

Communication Barriers and Emergencies: We may use and disclose your protected health information if we attempt to obtain consent from you but are unable to do so because of substantial communication barriers and we determine, using professional judgment, that you intend to consent to use or disclosure under the circumstances. We may use or disclose your protected health information in an emergency treatment situation. If this happens, we will try to obtain your consent as soon as reasonably practicable after the delivery of treatment. If we are required by law or as a matter of necessity to treat you, and we have attempted to obtain your consent but have been unable to obtain your consent, we may still use or disclose your protected health information to treat you.

Except as indicated above, your health information will not be used or disclosed to any other person or entity without your specific Authorization, which may be revoked at any time. In particular, except to the extent disclosure has been made to governmental entities required by law to maintain the confidentiality of the information, information will not be further disclosed to any other person or entity with respect to information concerning mental-health treatment, drug and alcohol abuse, HIV/AIDS or sexually transmitted diseases that may be contained in your health records. We likewise will not disclose your health-record information to an employer for purposes of making employment decisions, to a liability insurer or attorney as a result of injuries sustained in an automobile accident, or to educational authorities, without your written authorization.

You have certain **rights regarding your health record information**, as follows:

(1) You may request that we restrict the uses and disclosures of your health record information for treatment, payment and operations, or restrictions involving your care or payment related to that care. We are not

required to agree to the restriction; however, if we agree, we will comply with it, except with regard to emergencies, disclosure of the information to you, or if we are otherwise required by law to make a full disclosure without restriction.

(2) You have a right to request receipt of confidential communications of your medical information by an alternative means or at an alternative location. If you require such an accommodation, you may be charged a fee for the accommodation and will be required to specify the alternative address or method of contact and how payment will be handled.

(3) You have the right to inspect, copy and request amendments to your health records. Access to your health records will not include psychotherapy notes contained in them, or information compiled in anticipation of or for use in a civil, criminal or administrative action or proceeding to which your access is restricted by law. We will charge a reasonable fee for providing a copy of your health records, or a summary of those records, at your request, which includes the cost of copying, postage, and preparation or an explanation or summary of the information.

(4) All requests for inspection, copying and/or amending information in your health records, and all requests related to your rights under this Notice, must be made in writing and addressed to the Privacy Officer at our address. We will respond to your request in a timely fashion.

(5) You have a limited right to receive an accounting of all disclosures we make to other persons or entities of your health information except for disclosures required for treatment, payment and healthcare operations, disclosures that require an Authorization, disclosure incidental to another permissible use or disclosure, and otherwise as allowed by law. We will not charge you for the first accounting in any twelve-month period; however, we will charge you a reasonable fee for each subsequent request for an accounting within the same twelve-month period.

(6) If this notice was initially provided to you electronically, you have the right to obtain a paper copy of this notice and to take one home with you if you wish.

You may file a written complaint to us or to the Secretary of Health and Human Services if you believe that your privacy rights with respect to confidential information in your health records have been violated. All complaints must be in writing and must be addressed to the Privacy Officer (in the case of complaints to us) or to the person designated by the U.S. Department of Health and Human Services if we cannot resolve your concerns. You will not be retaliated against for filing such a complaint. More information is available about complaints at the government's web site, <http://www.hhs.gov/ocr/hipaa>.

All questions concerning this Notice or requests made pursuant to it should be addressed to:

PRIVACY OFFICER, Dr's Kenneth Nuss Jr., James Gucciardi
12 Brewster Lane
East Setauket, NY 11733-2922

X

Patient's Signature